NEWS on wheels

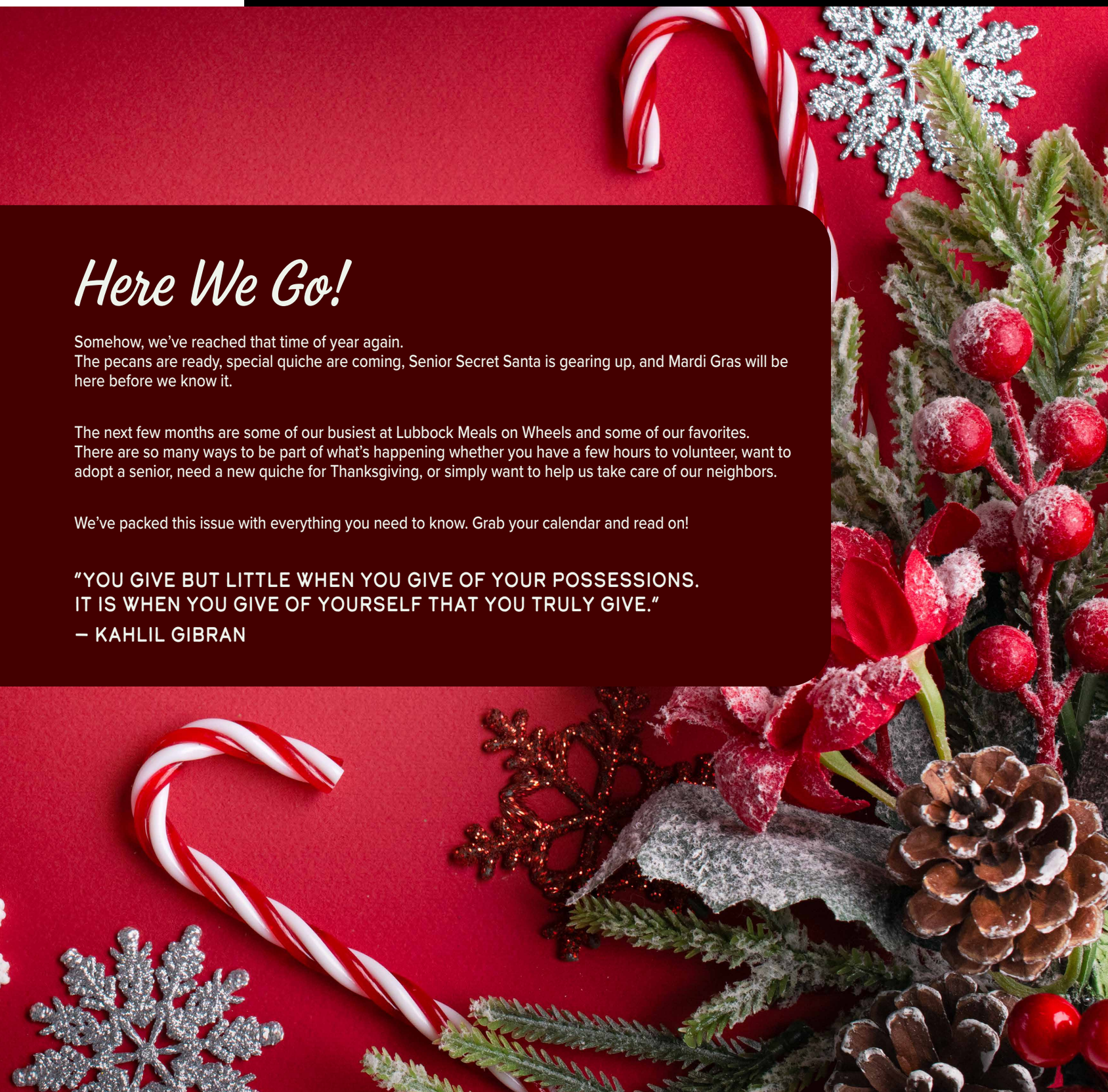
A QUARTERLY PUBLICATION OF
LUBBOCK MEALS ON WHEELS

VOLUME 47 | NUMBER 4
OCTOBER 2026

WWW.LUBBOCKMEALSONWHEELS.ORG

#LETSDOLUNCH
#MORETHANAMEAL

806.792.7971



Here We Go!

Somehow, we've reached that time of year again.
The pecans are ready, special quiche are coming, Senior Secret Santa is gearing up, and Mardi Gras will be here before we know it.

The next few months are some of our busiest at Lubbock Meals on Wheels and some of our favorites. There are so many ways to be part of what's happening whether you have a few hours to volunteer, want to adopt a senior, need a new quiche for Thanksgiving, or simply want to help us take care of our neighbors.

We've packed this issue with everything you need to know. Grab your calendar and read on!

"YOU GIVE BUT LITTLE WHEN YOU GIVE OF YOUR POSSESSIONS.
IT IS WHEN YOU GIVE OF YOURSELF THAT YOU TRULY GIVE."
– KAHLIL GIBRAN

A NOTE FROM THE **EXECUTIVE DIRECTOR**
OF LUBBOCK MEALS ON WHEELS



Big Change brings Big Opportunity

I'm sure many of you are very familiar with our **Feed a Friend – It's as Easy as Pie** campaign done in partnership with The United Family over the past 34 years. We appreciate all the support from the various pie vendors, store directors, donors, pie eating contestants, volunteers, marketing teams, and local media who helped raise more than 1.5 million dollars for Lubbock Meals on Wheels in those three plus decades. What an incredible contribution to our mission to feed the homebound, elderly, and disabled in our community.

Due to some changes beyond our control, this holiday season, you will notice that there is no Easy as Pie event. We will still partner with our friends at The United Family to present a new campaign – **"Thanks for Giving."** Between November 10 – 25, guests who wish to continue to support our mission will see a prompt at checkout to **"Donate to Seniors."** All the funds collected will stay right here in Lubbock and will be donated to Lubbock Meals on Wheels. Change is never easy, but we hope this new opportunity will raise as much or possibly even more funds than the Easy as Pie campaign. With your support, we can make that happen. Please help us with this new project and to meet our goal of $50,000 to provide nutritious, home delivered meals to our neighbors in need. Your contributions will make a difference this holiday season, and as always, thanks for giving!

THANK YOU FOR HELPING YOUR NEIGHBORS

When you give to **Lubbock Meals on Wheels,** your gift stays right here in our community helping local people who depend on nutritious meals and a friendly visit.

LMOW is not government-funded and is not a United Way agency. We rely on the generosity of people, businesses, and organizations in our community to keep this work going. Quite simply, neighbors help neighbors. **Thank you for being one of our neighbors.**

Vote for LUBBOCK MEALS ON WHEELS!

City Bank's 2026 Community Rewards is back, and we need your votes!
Find **Lubbock Meals on Wheels** in the **Basic Human Needs** category and show your support.
Voting runs **November 9–December 4, 2026,** and you can vote once every hour from each email address.

City Bank

Every vote counts, so vote early and vote often! Thank you for helping us make a difference!

city.bank/CommunityRewards

Notes from our clients

"Thank you, so much, for remembering my Birthday. You helped the day to be very nice and rememberable. God Love You!" – L.R.

"Thank you for making me smile with my depression & disabilities. Thank you for my meals & Bella's doggie food! I loved the Sonic burger on Big Wheels day. I never get to eat out." – D.R.

UPCOMING EVENTS

HOLIDAY EXTRAVAGANZA –
Community Christian Church
- Friday, November 6 from 9:00 am – 6:00 pm
- Saturday, November 7 from 9:00 am – 1:00 pm

THANKS FOR GIVING –
donate at the register when shopping at United Supermarkets
- November 10 - 25

LMOW MARDI GRAS, 2027 –
March 2, 2027 - Lubbock Memorial Civic Center

Community CONTRIBUTORS

We are fortunate to have businesses and individuals who step up throughout the year to support specific LMOW programs and needs. Thank you to our recent Community Contributors:

Chickies Tasty Treats
H-E-B
HubCity Lube
Johnson Pumping & Grease Service
Lubbock Wholesale Florist
PostNet Lubbock
Sweet Creations
Walmart (114th & Quaker)
White's Service Company
WORX Payroll

Remember you can make online donations, memorials, and tributes at lubbockmealsonwheels.org

"THREE THINGS IN HUMAN LIFE ARE IMPORTANT: THE FIRST IS TO BE KIND; THE SECOND IS TO BE KIND; AND THE THIRD IS TO BE KIND." — HENRY JAMES

Tributes

JULY 1 - SEPTEMBER 30, 2026

Mrs. Linda Anderson • Evelyn Davies
Nathaniel Boyd • Della Rocap
Melba Boyd • Alvin & Podi Stofel
Mark Furr • Charles Furr
Lisa Gilliland • Eddie & Mrs. Nettie Edwards
Mary K. Graham • Beverly Barrier
Mackenzie Hamilton • Evelyn Davies
Peggy Ledenski • Gloria Pennell
Barry McCool • Mona Bromley
Arya Parmar • Daisy Parmar
Myrna Reed • Gina Hayes
Mr. & Mrs. Bob Tate • Mabelle Henderson
Etta Woodard • Michel Shami
Lea Wright • Charles & Paula Key

THANKS FOR GIVING

When you shop at **United Supermarkets, Market Street, or Amigos November 10–25,** be sure to follow the prompts at checkout and select **"Donate to Seniors."**

100% of your donation will benefit Lubbock Meals on Wheels' **Thanks for Giving campaign,** helping people remain at home, well-fed, and independent.

A little extra at checkout can make a big difference!

Prost, Y'all! Oktoberfest Gives Back

Good food, good music, good friends — and a good cause. Metro Rotary's annual Oktoberfest brought all of that together again this year.

Guests enjoyed German food, pretzels, music, an auction, contests and, of course, beer and wine. A portion of the proceeds benefit Lubbock Meals on Wheels.

Metro Rotary's support goes well beyond Oktoberfest. Members have also delivered weekly LMOW routes for more than 40 years. That is a whole lot of lunches — and a whole lot of friendship. Prost, y'all!

"Prost, Y'all! That's German for "Cheers!" — and proof that good times don't need a translator!

Thanks to the generous Oktoberfest sponsors



Capital Choice Financial Services
John Key
Prosperity Bank
Schwarzentraub Foot Clinic
William G Morris, CPA

WELCOME TO THE LMOW TEAM



Name and Occupation: Corey Stovall – Food Service Director

Start Date: September 24, 2026

How did you get involved with LMOW? I applied online. Previously I had a booth at Mardi Gras through Costa Vida. I've also been involved in LMOW with Big Wheels Deliver Meals through Sonic.

Do you have any kids and/or pets? I have two adult children, Josh & Baylee. I also have one very spoiled Shih Tzu, Pepé.

What is your favorite thing about being a nonprofit professional? I've been in the food industry my entire adult life, but this is the most rewarding. I love following the mission statement and delivering on those words.

Who do you find inspirational? My former coach, Darrell Bode, is in the High School Hall of Fame. I lost my father at 11 years old and gravitated towards sports. Coach Bode taught me leadership, compassion, and teamwork, all elements I try to uphold daily.

If you had a warning label, what would it say? Big but bruises easily.

What can you simply not resist? Crumbl Cookie. I was in Utah at a training and stumbled upon the first location right after it opened. I was hooked.

What's one thing people are surprised to learn about you? My favorite TV show of all time... The Golden Girls.

What would I find in your refrigerator right now? Tea and apples. I have my own restaurant grade fridge in the garage, and it is full of bottled tea and different kinds of apples.

What is your middle name? Andrew, after my father.

What is the number one dish that you absolutely won't eat? Anything with sour cream in it or on top of it.

H-E-B DOES IT AGAIN

H-E-B Helping Here

Since becoming part of the Lubbock community, H-E-B has become a wonderful friend to Lubbock Meals on Wheels — and the holidays are no exception.

This season, H-E-B is generously providing more than 8,000 meals for our clients, including holiday meals and extra meals for days our office is closed. That is a lot of meals — and a tremendous gift to the people we serve.



And that's not all. Throughout the year, H-E-B supports LMOW in countless ways, from Mardi Gras and emergency meal packing to meal deliveries and plenty of behind-the-scenes help. They truly put "Helping Here" into action, and we are grateful to have them in our corner.

Lubbock, You Showed Up.

Comfort Keepers of Lubbock's Feed Seniors Now campaign once again brought our community together to help LMOW clients who need assistance with food for the weekend.

Businesses, healthcare organizations, churches, community throughout the campaign, and the results were tremendous.

By the Numbers

- More than $25,000 raised to support the program
- More than 25,000 pounds of food
  - 4,432 pounds of food donated by Blue Layer
  - 12,000 pounds from Walmart Saturday
  - Almost 4,000 pounds brought in by the community
- 700 clients are now receiving Weekend Meal Program assistance

These are clients who have no one available to help them with meals over the weekend. Every food item and every dollar makes a difference.

Thank you to Comfort Keepers, Walmart, Group 1 Auto Group, Blue Layer IT, our sponsors, volunteers, and everyone who donated. You showed up for your neighbors in a big way.

Feed Seniors Now Sponsors

Platinum Sponsors

Neil & Virginia Abernathy
First United Methodist Church
Live Oak Community Church

Gold Sponsors

Cavender Lexus
Jones & Associates
Lake Ridge Chapel & Memorial Designers

Silver Sponsors

First Baptist Church Neal Class
First Christian Seekers Class
ABC Bank
Alliance Credit Union
Betenbough Homes
Caprock Home Health
Club Pilates
Grayce Enhanced Hospice Care
Peoples Bank
South Plains Electric Coop
West Texas Realtors
Xcel Energy



2026 YEAR-END IS JUST AROUND THE CORNER

Year-End Giving: IRA Charitable Gifts

If you are eligible to make a qualified charitable distribution from an IRA, a year-end gift to Lubbock Meals on Wheels may be worth discussing with your IRA administrator or tax adviser.

Benefits of giving through your IRA:

- You can transfer up to the annual IRS limit from your IRA to qualified charities without paying federal income tax on the eligible distribution.
- Your gift may count toward your required minimum distribution (RMD) for the year.
- You may reduce your taxable income, even if you don't itemize deductions.
- Your gift is not subject to the usual charitable deduction percentage limits.
- Best of all, you'll help Lubbock Meals on Wheels continue helping people remain at home, well-fed, and independent.

How to make a gift through your IRA:

- Contact your IRA administrator and request a Qualified Charitable Distribution to Lubbock Meals on Wheels.
- Your gift must be transferred directly from your IRA to Lubbock Meals on Wheels.
- Keep in mind that while qualifying distributions are excluded from taxable income, they cannot also be claimed as charitable deductions.

Please consult your financial or tax advisor to determine whether a Qualified Charitable Distribution is right for you.

Memorials and Honorarium Gifts

HONOR SOMEONE SPECIAL WITH A GIFT THAT GIVES BACK

A donation to Lubbock Meals on Wheels is a great tribute for a:

BIRTHDAY • ANNIVERSARY • HOLIDAY • SPECIAL EVENT • MEMORY OF A LOVED ONE

~ With each tribute or memorial donation, we'll send a personalized acknowledgment card to the person(s) you designate. ~

TO MAKE YOUR TRIBUTE OR MEMORIAL CONTRIBUTION, PLEASE DONATE ONLINE OR FILL OUT AND MAIL THE FORM BELOW TO:

Lubbock Meals on Wheels • 2304 34th Street • Lubbock, TX 79411

THIS GIFT IS FROM: _____ PHONE _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

❑ MEMORIAL (NAME OF PERSON TO BE REMEMBERED) _____

❑ TRIBUTE/ SPECIAL OCCASION (SPECIFY THE OCCASION) _____

❑ PET MEMORIAL (NAME OF PET TO BE REMEMBERED) _____ DOG/CAT/OTHER _____

CASH/CHECK/CARD AMOUNT _____ CARD # _____ EXP DATE _____ CVV _____

PLEASE SEND AN ACKNOWLEDGMENT CARD TO: **(PLEASE PRINT)**

NAME

_____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

YOU CAN ALSO HELP OUR PROGRAM IN THE COMING YEARS BY:

✔ Giving Monthly by Bank Draft ✔ Remembering Lubbock Meals on Wheels in Your Will

HOLIDAY HELP WANTED



The holidays bring a little extra activity around here, and we can always use extra hands. In addition to our year-round volunteer opportunities, holiday helpers are needed to package extra meals, adopt Senior Secret Santa clients, prepare gift bags, deliver special gifts, and help with other seasonal projects.

You can also remember someone special through our Christmas Tribute program. However you choose to help, your time and kindness mean a great deal to the people we serve.

Memorials

JULY 1 - SEPTEMBER 30, 2026

Barbara Acker • Jouana Stravlo, Shawna Yarborough, Michel Oliva, Cara Brown, Letha Mayfield
Ken Acker • Letha Mayfield
Woody Adair • Terry & Deanie Thrash, Jacqueline & Russell Starr
Gordon Alley • Ross Shamburger
Joan Allsup • Larry & Jan Rogers
Fred & Ingrid Armstrong • Herb Armstrong
Shirley Craig Arnold • The Thorntons, Rhonda Stuart & Family
Julie Arrellano • Elsa Montes
Carolyn Barrier • Beverly Barrier
Brandon Bennett • Jerome & Sandra Schuetzeberg
Seth Best • Charlie Reeves
Paula Black • Windows by Chad
Alex Bovkoon • Barry Surratt
Billie Jo Bownds • Darrell & Deborah Cole
Colleen Boyd • Della Rocap
Dennis Brown • Cheri & Craig Sides & Berkeley Puckitt
Linda Brown • Jerry & Sylvia Etter
Walter & Pat Brown • Martha & Marlow Sommitt
Shelda Brown-Williams • Ben Williams
Dr. Roy Burk • Thomas & Eleanor Homer
Ronald Burrus • Lei Lane Burrus-Bammel
Don Byers • Mike & Penny Harkey
Charlie Cannon • Jerome & Sandra Schuetzeberg
Earl Chapman • Jayne & Mike Field
Jean Childress • Ernie & Scott Farley
Linda Clark • Lee Harjes
William Rodney Cochran • Glenda Hughlett
Charles Colbert • Della Rocap
Emily Darwin • Patsy Guinn
Maureen Davis • Don & Chris Jones, Jeff & Molly Denny
Preble Davis • James & Claudia Gammill
Pat Day • Weldon Day
Virginia "Ginny" Dickerson • Cecil Puryear
JoAnn Dillard • Nita Lowrey, Nathalie Layman
Gordon Downum • Herb Craghead
Mary Durham • Ann Latham
Lea Cay Farr • Peggy & Tony Malone
Katherine Felton • Paul & Vicki Faulkner
Carolyn Feminear • Glenda Yarbrough, Julie Sprouls, Mike & Penny Harkey
Lois Ferguson • Lynda McCleery
Josephine W. Francis • Larry & Margaret Mullins
Bob Freeman • Lisa & Larry Gilliland
Tommy French • John L. & Betty W. Gibson
Kent Gamble • Dana Gamble
T.C. & Alley George • Daisy Parmar
Steve Graham • Paul & Vicki Faulkner
Wanda Green • Sue Tye
Archie Hall • Maribeth Wilcox
LaTrell T. Haveman • Dora Geiger, Karen Avey
Doris Heaey • Saroj Misra
Eldon Hobbs • Randal R. & Lyn Hester
Beverly Holloway • Larry & Lisa Gilliland
Darlene Horiner • Mozella Tew
Joe Hornaday • Friday Mah Jongg Ladies, Kaye Kuss
Mark Hulse • Lynda McCleery, Wanda Wolfenbarger
Bob Iseral • Dixie Barron, Maryann Luper
Judy Jackson • Mike & Penny Harkey
Rose Janke • Randy & Jana McCallister, Matt & Rebecca McCallister
Mike Jeter • Susie Moore
Jerry W. Jones • Becky Jones
Paula Keesee • John & Caryl Nelson
Arvin Kilpatrick • Susie Moore
Asha Lal • Saroj Misra
Marcia Leos • Roland Faller
Jim Littlefield • Richard White
Melvin Lowrey • Ron & Kara Henslee
Ray Lowrey • Ron & Kara Henslee
Debbie Macy • John L. & Betty W. Gibson
Barbara Maddox • Karolyn Webb
Sonnie Mason • Quaker Avenue Church of Christ
Tom McGovern • Toni McGovern
Alice McRae • Paul & Vicki Faulkner
Janie McVean • John L. & Betty W. Gibson
MarQuisha Renee Moody • James McNabb
Harvey Morton • Kenneth & Sammie Hancock
Glenn Nall, Sr. • Rick & Janet Lusk, Vicki McCrary
Jerry New • G.E. Dawson, Lubbock Fun Club-SOS, Bill & Patricia Scholl, Brooks Boynton, Gentry Springer, Kermit High School - Class of 1965, Bethany Pitchford, Abazar & Rosehgol Manbeian, Deborah White, Selena Overholt, Samantha & John Gellert, Harvey & Sue Williams and family
Jacob Northcutt • John & Caryl Ann Nelson
James Nuelle • Lilla J. Jones
Lois Owen • Shirley & Gladys Owen
Helen Palmer Cooper • Cara Brown
Dr. A.R. Parmar, M.D. • Daisy Parmar
Anita Jean Patterson • Ron & Kara Henslee
Mina Petitt • Margaret Richardson
Terry Poehl Woodard • Cara, Rhonda & Tony Romero, Bernice & Brenda
Mary Ramsey • Dave & Debbie Ernst
Danny Rhodes • Sue & Steve Mueller
Mike Richardson • Harold & Jeannie Stuart
Kay Richardson • Eva Richardson
Wes Rickman • Herb Craghead
Sandy Rogers • Van & Phyllis Combest
Frank Romanofski • Randolph Air Force Base-Diagnostics & Therapeutics Flight
Sandra Rushing • Harold & Jeannie Stuart, Andy & Linda Swift
Michael Sheils • Sean Childers
Patricia Simnacher • Sharon & Gerald Grant
Pat Simnacher • Cindy Canale
Cindy Snodgrass • William & Lindsay Northcut & Hanson
Henry Stoesser • Della Rocap
Freddie Nell Summerlin • Lucy Aguilera
Gaye E. Tanner • Wilburn Tanner
Jolene Taylor • Andy & Linda Swift
Mary Ann Teeter • Letha Mayfield
Nell Thompson • Paul & Vicki Faulkner
Tim Tippit • Jerrie & Richard Havens
Christy Turner • John & Caryl Nelson
Dr. Henry Van Terrill • Steve Warren & Shella Barclay
Hans Vanderbeck • Harold & Jeannie Stuart
Robert Vitela • Guadalupe Vitela
Bill Wauer • Jon & Cindy Roberts
Alan Whitebread • Julie Farley, Tonya Stremlau
Sharon Wright • Hank & Regina Jordan

HOLIDAY SHOPPING WITH A LITTLE EXTRA HEART



Community Christian Church's Holiday Extravaganza is almost here, and it's a pretty great excuse to get an early start on holiday shopping.

For 18 years, the church has hosted this festive event benefiting Lubbock Meals on Wheels, contributing more than $210,000 over the years. Shoppers can expect hundreds of themed gift baskets, festive wreaths, unique home décor, homemade jams and jellies, and a bake sale loaded with breads, sweets, and pies.

There will also be special raffle items, so be sure to grab a ticket or two while you shop.

The raffle items are a full sized quilt, $100 Massage Envy gift card, $500 Walmart Gift card (sponsored by TXU Energy), and John Robison's famous pecan pie. Come shop, have a little fun and help support LMOW at the same time.

Community Christian Church — 3417 96th Street

Friday, November 6 from 9:00 am – 6:00 pm

Saturday, November 7 from 9:00 am – 1:00 pm

LMOW Christmas Tributes

– For the Person Who Really Doesn't Need Another Thing... Give Something Meaningful Instead.

Through our **Holiday Card Tribute** program, a donation of at least $5 per card can be made in honor of a friend, family member, or business associate. We'll send a lovely acknowledgment card letting them know a gift was made in their honor.

It's simple, thoughtful, and supports people right here in our community.

Send or bring your holiday card list — including names and addresses — to **Lubbock Meals on Wheels, 2304 34th Street, Lubbock, Texas 79411.**

Deadline to receive lists is **Friday, December 11.**

Typed lists are preferred; if handwritten, please make them as easy to read as possible.



2027 MARDI GRAS

MARDI GRAS IS COMING!

Tuesday, March 2, 2027 | 5:30–8:30 p.m.
Lubbock Memorial Civic Center Exhibit Hall

Food from 40+ restaurants* music by Bo Garza* a huge silent auction* cash bars* children's activities* two benefit drawings* and more beads than anyone really needs.

In other words, LMOW's biggest fundraiser of the year is going to be a party.

Save the date, gather your krewe, and make plans to join us. Tickets are available now online. More details to come!

WANT TO BE A MARDI GRAS SPONSOR?

Businesses and individuals can support Mardi Gras through several sponsorship levels, with benefits that include event tickets, tables, and marketing.

This is an excellent marketing opportunity for your restaurant. Contact Heather at 806-792-7971.



BIG WHEELS, BIG FUN

Big Wheels Deliver Meals brought some extra horsepower and a lot of smiles to LMOW clients, staff, and volunteers again this year. Community leaders and special guests traded their usual schedules for our 81 routes delivering lunch and visiting with our clients. Thanks to **Sonic Drive-In**, more than **1,100 hamburgers and tater tots** were provided for clients and guests.

The cars were fun, the lunch was good, but the best part was the people. Our clients enjoyed meeting new faces, and our guest drivers had a chance to see firsthand what Lubbock Meals on Wheels delivery means.

After the routes were finished, everyone gathered back at our volunteer center for lunch and a chance to share stories from the day. We're still not sure who enjoyed the day more — our clients or our drivers.

A Few Extra Thank-Yous

- **Local Legends Print Factory** donated commemorative T-shirts for all our celebrities/community leaders.
- **Mighty Wash** donated free car washes for all our drivers.
- **Blue Bell** donated ice cream for everyone who volunteered.

Many, many thanks to everyone who gave valuable time to bring extra joy to all our clients.

137th District Judge (Retired) • Judge McClendon
237th District Court • Judge Hatch
Artist • James W. Johnson
Ben E. Keith • Kelly Henrich
Blue Layer IT • Jeromy Mallory, Kelsey Dowdy, Molly Griffin
Caprock Home Health Services • Hilary Martinez, Shannon Overland, Brad Newton, Carlos Morales
CBC Texas Multifamily Team • Taylor Tucker
Citibus • Katrina Garcia
City of Lubbock/Asst. City Secretary • Jimmy Maynard
City of Lubbock/Audit • Greg Taylor
City of Lubbock/City Secretary • Courtney Paz
City of Lubbock/Fleet Operations • Dom Esperat
Covenant Health System • Tavia Hatfield
Doss Foundation • Lori Bagwell
ELROBI • Reggie Dial
H-E-B • Kuczmarski Cole
IT Consultant • Eddie Randle
Jones & Associates • Nick Jones
KAMC • Lauren Matter
KCBD • Madeleine Hall, Alexis Elliott, John Robison, Christy Hartin, Kase Wilbanks, Diane Harlan, Brittany Crittenden
KLBK • Jacob Riley
KLBK/KAMC • Britt Milstead, Ryan Fann, Cotton Fleming, Sheri Mudd
LBK Foodies • Wes Wilker
LISD (Retired) • Margaret Randle
LISD School Board District 1 • Lala Chavez-Salinas
Local Legends Print Factory • Chenier Gardner, Coby Colley
LP&L • Matt Rose
LPD/Assistant Chief • Neal Barron, Nathan White
LPD/Chief • Seth Herman
Lubbock Chamber of Commerce • Cathy Potter
Lubbock County Clerk • Kelly Pinion
Lubbock County JP Pct #2 • Susan Rowley
Lubbock County Sheriff's Office • Tracie Manthei
Lubbock MOW • Dancy Jones, Spike Jones, Clinton Wiseman, Andrea Barron, Margaret Kelley
Lubbock National Bank • Jean Ann Slaughter, Kimberly Anguish
Lubbock Symphony Orchestra • David Cho
Magic 106.5 • Vince Carrillo, Jennifer Martinez
Mighty Wash • Kimber Thornton
Pediatrician (Retired) • Doug Klepper
Peoples Bank • Jacob Jones, Justin Fleming
Picoso's • Renee Babb
Ramar Communication • Brad Moran
Telemundo • Ivan Ponce de Leon
Texas DPS • Lt. Anzaldua, Sgt. Moseley, Lt. Stevenson, Capt. Molina, Chief Lain, Capt. Perez, Capt. Villanueva, Mark Gumaer
Texas Tech's 65th Masked Rider • Sofie Jones
The Gorilla • Davis Smith
The United Family • Robin Cash
Trends & Friends • Brandi Driggers
TTU International Affairs • Jessica Moreno, Stephanie Lara, Elizabeth Espino, Michael Johnson
TX DOT • Karen Brown
Tyler Technologies • Valerie Currid
UMC • John Lowe
UMC Health & Wellness • Dean Diersing
Vanda Pharmaceuticals • Olivia Abbott
Wheelhouse Texas • Dax Reinitz
Word Publications • Mary Ann Edwards







PAWS & CLAWS

HELPING HUMANS AND THEIR PETS STAY TOGETHER!

JULY 1 - SEPTEMBER 30, 2026

Pet Memorials

Ace, beloved dog of Greg & Kim Curlee • Ron & Kara Henslee
Angel, beloved dog of Abel & Martha Siller Jr. • Abel & Martha Siller Jr.
Angus, beloved dog of Brenda McAdams • Paula Hines
Beau, beloved dog of Kay Price • Virginia & Garon Cagle
Beau, beloved dog of Maurie & Sandi Goughnour • Maurie & Sandi Goughnour
Benji, beloved dog of Deborah & Tim Champion • Margaret & Randy Christian
Boo Bear, beloved dog of Joann Childress • Sondra Staggs
Buddy, beloved dog of Ronnie & Brenda Stroud • Pam King
Chobie, beloved dog of Claire Randolph • Don & Beverly McBeath
Dede, beloved dog of Tiffani Allamon • Doreen & Lola
Dunkin & Covid, beloved dogs of Lacie & Dakota Berry • Lacie & Donna Kirk
Felix, beloved cat of Turner Field & Michael Cisarik • Jayne & Mike Field
Heidi, Cooper, Laila, Piper, & Bao-Dze, beloved pets of The Wierzba's • Camelia Wierzba
Kasey, beloved dog of Deborah Vitellaro • Deborah Vitellaro
Lady, beloved dog of Podi & Alvin Stofel • Jackie & Fred Kennedy
Lainie Girl, beloved dog of Herbert Wright • Herbert Wright
Lizzy, beloved dog of Dave & Heidi Zimmerman • Dave & Heidi Zimmerman
Maizie, beloved dog of Mark & Belinda Mobley • Wilda & Carla Deel
Max, beloved dog of Shirley Taylor • Kay Geiger, Shirley Taylor, Joe Don & Lynn Ford
Meg, beloved dog of Jenny Way & Edson • Doreen & Lola
Mollie, beloved dog of The Flanagan Family • Cara Brown
Rebel, beloved dog of Holly & Charlie Russell • Fred & Jackie Kennedy
Roxie, beloved dog of Nicole Thomas • Lisa Gilliland
Sam, beloved dog of Earl Cherry • Lynn Stephens
Sammy, beloved dog of Greg & Debbie Hemphill • Mike & Karen Spees
Schultz, Megan, Zack, & Grace, beloved dogs of Ralph Tamper • Ralph Tamper
Scout, beloved dog of Stacy Wright • Herbert Wright
Sophia, beloved dog of Kristal Gallegos • Kristal Gallegos

PET PROGRAM SUPPORTERS

Mona Bromley

Gunslinger Feed and Supply

FULL BOWLS, HAPPY TAILS



450+ dogs. 150+ cats.
And a whole lot of full bowls.

Our Pet Program helps LMOW clients care for the four-legged family members they love. Thanks to donations made specifically to this program, we can provide pet food and help pay for vaccinations, minor veterinary care, and other assistance when needed.

We are also grateful to the local veterinary clinics that help with spays, neuters, and other veterinary care. **We're especially thankful to TVMF for supporting wellness appointments for 100 of our pets.** These partnerships help our clients and their pets stay together — exactly where they belong.

FUN FACTS

DOGS

- Dogs can smell separately through each nostril helping them determine which direction a scent came from.
- When dogs kick the ground after doing their business, they aren't necessarily trying to cover it up. Scent glands in their paws help leave an additional "I was here" message.
- Dogs have far fewer taste buds than humans — roughly 1,700 compared with about 9,000 for people.

CATS

- Cats can't taste sweetness because they lack a functioning sweet-taste receptor.
- Cats have an extra scent-detecting organ in the roof of the mouth called the Jacobson's organ. That funny open-mouth expression they sometimes make helps them analyze interesting smells.
- A cat's whiskers aren't just on its face. Cats also have whisker-like sensory hairs on the backs of their front legs.

Santa Could Use a Few More Elves

And by elves, we mean you. **Senior Secret Santa** brings holiday cheer and some much-needed gifts to Lubbock MOW clients who have little or no family with whom to celebrate.

How It Works:

Clients share a few desired items on wish lists, and members of the community "adopt" a senior and shop for them. Common requests include **socks, blankets, slippers, sweats, coats, and personal care items.** Each wish list is designed to total approximately $50. You are, of course, welcome to give more if you'd like.

Beginning **October 29**, we'll have **ornaments** with individual wish lists available. If you'd like to **adopt a senior,** come by our office at 2304 34th street to pick out your wish list(s), or call us at 806-792-7971 and we can get wish lists to you. This is a great opportunity for your business or organization to get involved and adopt a group of seniors.

Bring a little extra joy to a senior this holiday season!

Want to Help Without Shopping?

We also need volunteers to sort, package, and deliver gifts. Contact **Nicole or Janie at 806-792-7971** for details.

Got Bags? We Need 'Em.

We can use **new or gently used extra-large gift bags** — approximately 16" x 19" or larger — to package Santa's deliveries. Holiday designs are great, but plain bags work, too. Please avoid bags specific to birthdays, showers, or other celebrations.

Bags can be **dropped off at 2304 34th Street between 8:00am and 4:30pm Monday through Friday.**

Once again, thank you to **TXU Energy** for helping keep our Senior Secret Santa clients warm with blankets and other cozy gifts.

LUBBOCK Meals on Wheels

NEWS ON WHEELS

LUBBOCK MEALS ON WHEELS, INC.
2304 34TH STREET | LUBBOCK, TEXAS 79411
806.792.7971 | www.lubbockmealsonwheels.org

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Lubbock, TX
Permit No 48

PUT IT ON A *plate*

For a **$250 donation,** your **LMOW Lunch Plate** can hang in our J.T. & Margaret Talkington Volunteer Center. Plates can honor a loved one, business, club, organization, Sunday School class or anyone else you'd like to recognize. Each 9-inch plate includes up to **four lines** with **20 characters per line.**

Order forms are available on our website, **lubbockmealsonwheels.org** (under the donation tab) and at our office.

WANT NEWS ON WHEELS IN YOUR INBOX?

Prefer email to paper? We can do that. To receive future issues of News on Wheels by email, send your name, physical address, and email address to **mary@lubbockmow.org,** or call **806-792-7971.** Remember: online donations, memorials, and tributes can be made anytime at **lubbockmealsonwheels.org.**

We've Got Pecans!

Holiday baking season and pecans go together like peanut butter and jelly. LMOW sells locally grown pecans year-round for $10 per pound, and the proceeds support our mission.

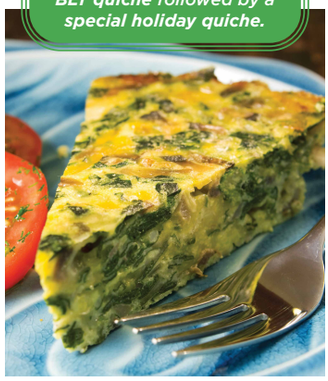
Pecan trees can live for centuries. Some continue producing nuts at **200–300 years old.**

Do you have pecans to donate? We'll take those, too — shelled or unshelled. **Drop them by the office or call 806-792-7971.**

LEAVE YOUR MARK

Honor someone special with a **Memorial Brick** in front of the Lubbock Meals on Wheels office. For a **$100 donation,** your engraved brick will be professionally installed and can include up to three lines of text with **15 characters per line.** Order forms are available at our office or online.

Watch for our 'limited time only' quiche varieties throughout the year. We're kicking if off with a BLT quiche followed by a special holiday quiche.



What's for Dinner? Quiche.

Keep a few LMOW house-made quiches in the freezer and dinner is halfway done. They go straight from freezer to oven and are great for breakfast, lunch, or dinner.

Current varieties include **Chicken & Broccoli, Veggie Medley, Mexicana, Green Chili Chicken, Ham & Cheese, Italian Sausage, Spinach & Bacon and Southwest Cheeseburger.**

Each quiche is $15.50 + tax, or grab two for $30.00 + tax. plus, with our "frequent quiche card," buy 10 and get one free! Quiche gift certificates also make a thoughtful gift for any occasion, and every purchase supports Lubbock Meals on Wheels.

Don't forget the frequent-quiche card and gift certificates. When you purchase our LMOW Quiche, buying dinner helps Lubbock Meals on Wheels. Win-win.

FOLLOW US! @LubbockMOW #LetsDoLunch #MoreThanaMeal SUBMIT ONLINE DONATIONS/MEMORIALS/TRIBUTES at lubbockmealsonwheels.org

NEWS ON WHEELS
LUBBOCK MEALS ON WHEELS
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MISSION STATEMENT: Respecting the dignity of every human being, no matter their need or physical condition, Lubbock Meals on Wheels will provide nutritious, home-delivered meals to those who are homebound, elderly, or disabled. We shall seek to break the social isolation experienced by the homebound, by providing warm, caring, friendly contact through our volunteers.